



Symetria Recovery Announces In-Network Partnership with Aetna and Humana in Illinois and Texas, Expanding Access to Addiction Treatment

CHICAGO, IL – August 20, 2025 – Symetria Recovery, a leading provider of comprehensive substance use disorder (SUD) treatment, today announced it will become an in-network provider for Aetna Commercial and Aetna Medicare Advantage policyholders in Illinois, effective September 1, 2025. In addition, Symetria will be in-network for Humana Medicare Advantage policyholders in Illinois and Texas, effective October 1, 2025. These partnerships significantly expand access to evidence-based addiction treatment for thousands of individuals and families across the two states.

These agreements remove a major barrier to care by making Symetria Recovery's unique outpatient treatment model more affordable and accessible. Symetria's approach combines [Medication-Assisted Treatment](#) (MAT) with intensive group and individual therapy, as well as psychiatric and medical care, all under one roof.

"We are thrilled to partner with Aetna and Humana and welcome their members into our network," said Masroor Ahmed, Chief Executive Officer of Symetria Recovery. "Our mission has always been to provide accessible, patient-centered care that fosters lasting recovery. By joining the Aetna and Humana networks, we are breaking down financial barriers and empowering more people to take the crucial first step on their journey to wellness."

These agreements complement Symetria Recovery's broad portfolio of existing in-network relationships with major insurance providers. Symetria is already a trusted partner for members of BlueCross BlueShield, Cigna/Evernorth, United Healthcare/Optum, Tricare, Medicare, and many other plans – underscoring Symetria's commitment to serving as many communities as possible.

Individuals in Illinois and Texas with Aetna or Humana insurance who are seeking help for substance use disorder are encouraged to verify their coverage and learn more about treatment options. For questions regarding a specific plan's benefits and coverage for addiction treatment at Symetria Recovery, please call **855-981-7951**.